



# Peak Nursing

Summer 2007

## A Little About Peak...

Peak Nursing Team is a Colorado based medical staffing company specializing in both temporary and permanent nursing placement. The agency was founded in 2002 by Kim Higgins, a Registered Nurse and her husband Jeff Higgins. The Higgins strive to be different than other nursing agencies. They believe in working with facilities and nurses to create a staffing "match." Peak is a smaller agency, which allows their staffing team the ability to build close relationships with nurses and facilities. Jeff Higgins personally visits facilities that Peak staffs so he can understand their individual needs. He believes it is important to get a feel for the people and work environment. This allows Peak Nursing the ability to make a "match" rather than just simply filling a need.

Peak Nursing Team's mission is to provide a positive experience for both clients and team members. Peak is committed to providing the highest quality of care for patients, enhancing the quality of life for

nurses and redefining service for clients.

## Protect Your Back!

Did you know that according to the U.S. Dept. of Labor Bureau of Statistics, nurses are more likely to suffer back injuries than construction workers? According to Nurse Weekly, one in ten serious work-related injuries involves nursing personnel and about 12 percent of nurses leave the profession due to back related injuries. However, most of these injuries are preventable. Before lifting a patient be sure to assess the situation. First determine what activity needs to be done, transfer or ambulation. Next determine if the patient is able to lend any assistance. Be sure to use good body mechanics and assisting devices. Work with other staff members and help each other move patients. Lastly, know your rights. If you do injure your back, report it right away and seek treatment. Often nurses try to

ignore their injury and cause themselves prolonged pain and injury. For more information contact the American Nurses Association (ANA) <http://www.nursingworld.org/>

## Trivia Corner...

Win a \$25 Amoco Gas Gift Card!

### ***Where was the cheeseburger invented?***

Please email, fax or call your answer:

[questions@peaknursing.com](mailto:questions@peaknursing.com)

303-512-0125 Fax

303-345-3005 Office

### **Winter Trivia:**

**Question:** What is the longest continuous street in America?

**Answer:** Colfax Avenue

Congratulations to our

Winter 2007 Winner: Bob Esmas!

## Contact Us

Contact Peak Nursing to learn more about our agency.

Phone: (303) 300-3455

Fax: (303) 512-0152

Website: [www.peaknursing.com](http://www.peaknursing.com)